



Fédération Vo Co Truyen Vietnam de France

Siège social : 106, Boulevard de la Résistance

93460 Gournay sur Marne

<http://www.vocotruyen-france.fr>

Identification R.N.A. : W751204240

Each category is defined by gender and year of birth, then weight for fight.

Category	BENJAMIN	MINIME	CADET
Age	10 – 11 years	12 – 13 years	14 – 15 years
Year	2014 - 2015	2012 - 2013	2010 - 2011
Women	- 30 kg	- 35 kg	
	- 35 kg	- 40 kg	- 45 kg
	- 40 kg	- 45 kg	- 50 kg
	- 45 kg	- 50 kg	- 55 kg
	- 50 kg	- 55 kg	- 60 kg
	50 kg and +	55 kg and +	60 kg and +
Men	- 30 kg	- 35 kg	
	- 35 kg	- 40 kg	
	- 40 kg	- 45 kg	- 50 kg
	- 45 kg	- 50 kg	- 55 kg
	- 50 kg	- 55 kg	- 60 kg
	- 55 kg	- 60kg	- 65 kg
	55 kg and +	60 kg and +	65 kg and +

Category	JUNIORS	SENIORS	VETERANS 1	VETERANS 2
Age	16 – 17 years	18 years and over	35 – 45 years	46 years old and over
Year	2008 - 2009	2006 and before	1980 - 1990	1979 and before
Women	- 50 kg	- 55 kg	- 55 kg	- 55 kg
	- 55 kg	- 60 kg	- 60 kg	- 60 kg
	- 60 kg	- 65 kg	- 65 kg	- 65 kg
	60 kg and +	65 kg and +	65 kg and +	65 kg and +
Men	- 60 kg	- 65 kg	- 65 kg	- 65 kg
	- 65 kg	- 70 kg	- 70 kg	- 70 kg
	- 70 kg	- 75 kg	- 75 kg	- 75 kg
	- 75 kg	- 80 kg	- 80 kg	- 80 kg
	75 kg and +	- 85 kg	- 85 kg	- 85 kg
		85 kg and +	85 kg and +	85 kg and +